Coates Equipped for anything

Truck Drivers Guide 2022



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Introduction

Welcome to the 2022 edition of the Coates Truck Drivers Guide. Transporting our equipment is recognised as one of our highest safety risks. Ensuring the safe transport of equipment is one of our key priorities at Coates.

This guide is designed as a reference tool for everyone who has an interest or involvement in transporting our equipment. The intention of this guide is to ensure everyone involved in transporting our equipment has the relevant information necessary to undertake their tasks safely. If at any stage you are unsure or don't feel safe with the task you are undertaking then STOP immediately and contact your manager or supervisor.

This Guide includes the **Coates Transport Safety Charter** which all transport employees and partners are required to comply with. The document is divided into the following 2 sections:

- Part 1 Transport Safety Charter
- Part 2 Transport at Coates

If you have a question or suggestions regarding this document, please contact your local Coates Transport Manager.



Part 1 Transport Safety Charter **Coates** Equipped for anything

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Transport Safety Charter

Our duty under Work Health and Safety (WHS) legislation and Road Transport legislation requires appropriate systems to be in place to manage risks associated with the transport of plant and equipment. As part of this process, Coates has applied a risk management framework to determine the controls required to mitigate the risks associated with transporting equipment, and have incorporated them into the Transport Safety Charter below. This is to ensure all personnel are aware of the controls that must be applied to mitigate the risk when loading, restraining, transporting and unloading equipment.

Coates' Transport Safety Charter

- 1. We recognise and accept our obligations to maintain and promote safe systems of work and safe transport operations. To support this commitment, Coates maintains a Health, Safety, Quality and Environmental (HSEQ) Management system that is accredited to ISO 45001 and ISO 9001.
- 2. We undertake to comply with all WHS, environment and road transport laws applicable to our operations. All drivers will understand and comply with the following requirements:
 - Being fit for duty alert, healthy and prepared for the driving task
 - Observing speed limits and seat belt laws
 - Observing fatigue regulations
 - Not being under the influence of drugs or alcohol
 - Not tailgating other vehicles
 - Applying reliable and effective load restraint practices
 - Aware of mass and dimension limits of the vehicle you are operating
 - Being considerate of other road users
 - Not using noisy engine brakes at inappropriate times and places
 - Travelling in left lanes unless overtaking
 - Obeying all other laws.
- 3. We will not knowingly make or meet any demand or requirement that would cause us to breach road transport laws applying to our operations.
- 4. We will actively support the development of appropriate industry codes of conduct, charters of practice and safety guidelines for the purpose of promoting compliance with road transport and WHS laws. Coates is subject to Chain of Responsibility Laws, along with our Transport Partners and customers. We will provide ongoing education to our employees, partners and customers of our obligations under this legislation and ensure Coates is compliant across all aspects of the law.
- 5. We will also ensure that we have in place suitable and adequate processes, programs, policies and training so that we comply with all relevant laws.
- 6. We recognise and accept that our obligations include:
 - Managing waiting and scheduling requirements to minimise the risk of driver fatigue and speeding
 - Provide safe loading and unloading areas at our branches
 - Ensuring we use safe and fit for purpose vehicles that are appropriately designed, equipped and maintained
 - A commitment to driver health and safety.
- 7. We recognise and accept that the safety of our employees, our transport partners, our customers and the general public are key elements for meeting our obligations under this Charter.
- 8. We undertake to consult with our employees, transport partners and customers to meet our obligations under Chain of Responsibility, road laws and WHS legislation to provide and maintain transport operations that are safe for all parties.
- 9. Coates is committed to the interactions and impact that our business has on the environment and strives to minimise our environmental footprint. To support this commitment, Coates maintains a Health, Safety, Quality and Environmental (HSEQ) Management system that is accredited to ISO 14001.

Part 2 Transport at Coates

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Health, Safety, Environmental & Quality Certification

Coates operates a Health, Safety, Quality and Environment (HSEQ) management system across all Australian operations. Our HSEQ Management System is certified against ISO 45001, ISO 14001 and ISO 9001 at 5 core locations nationally: Mascot, Moorebank, Dandenong, Belmont and Kingston. The scope of the management system and certification are available to interested parties upon request

How will we ensure everyone goes home safe?

Coates has a set of minimum safety standards across all Coates sites and associated entities with which Coates' employees and Transport Partners are expected to comply. Some customers may have additional expectations and requirements, over and above these, that address specific operational risks.

Issue	Minimum Safety Standard			
Safe Systems of Work	 Competent – only licensed, trained, qualified and authorised personnel to conduct work JSEAs - are regularly conducted to identify, assess and control risks and hazards Work Instructions - In some instances Coates will specify how equipment is to be operated or loaded. Work must be conducted in compliance with the Work Instruction requirements. Incidents and Injuries – incidents and injuries sustained must be reported to the site manager and to your Coates Manager. Incidents must be investigated and findings reported to Coates, where required. Partner Evaluation Processes – Apart from the pre-qualification process these activities include direct observation, random checks and formal audits. 			

Issue	Minimum Safety Standard		
	• Safety and Health Requirements – do not override or interfere with safety and health features or provisions and caution others not to override or interfere with safety devices or practices.		
	Substance Abuse – no person may work if under the influence of alcohol or drugs. This includes illicit drugs and prescription medicine that may compromise safety		
Safe and Healthy People	Personal Protective Equipment (PPE) – PPE requirements applicable to a given task must be adhered to		
	• Fatigue Management – manage the risks associated with fatigue in the workplace. Identify factors that contribute to fatigue and discuss with your team, make changes as required (including sleep patterns, workload, roster and lifestyle factors), and seek professional help where necessary		
	• Authorised Use – only licensed, trained, qualified and authorised personnel are to operate equipment.		
Safe Plant and Equipment	 Safe Plant and Equipment – plant and equipment must be fit for purpose and comply with applicable Standards and legislative requirements Test/Tag – electrical items must be tested and tagged 		
Environmental Responsibility	 Take steps to prevent spills and pollution or immediately remedy any releases, and control waste Maintain & Operate equipment efficiently to minimise greenhouse gas emissions 		

Feedback

If you have any suggestions to improve this Charter, or how safety can be improved please contact your Coates Transport Manager. We all have the responsibility to comply with this Charter and make it our way of doing business.



Loading and Unloading Equipment

Your responsibilities

Accessing your truck or equipment	 Walk around the equipment and assess the environment Plan your work area Find a safe access point, use steps where available Face ladders and maintain three points of contact
Prior to operating equipment	 Ensure you understand how to operate the equipment Determine if you need a license to operate Inspect the machine and Pre-Hire Check Tag Ensure controls are functional and brakes applied Choose and apply appropriate loading/unloading and restraint techniques Check if you need a Spotter
During operation	Wear seatbelt if fittedReport any issues and apply tag if required

Safe Operation of Machinery

When starting work at a new site, check with the site controller for specific safety instructions. NEVER operate a machine which is new to you without first reading the operation instruction manual. Familiarise yourself with all machine functions at low speed that are appropriate for the loading/unloading process. Take particular attention to steering and braking functions.

Know the rules. It is essential that you:

- Know the positions and understand the functions of all controls before attempting to operate a machine
- Know the meaning of all identification symbols on the controls and gauges
- Know the location of the emergency shutdown control if the machine is so equipped
- Know the capabilities, characteristics and limitations of the machine including:
 - Speed;
 - Braking;
 - Steering;
 - Dimensions;
 - Gradeability.
- Know the weight and transport dimensions of the machine
- Know the rules and procedures used at the workplace
- Know where to get correct assistance when required

Assess the site conditions before moving equipment (Conduct a Transport JSEA [Appendix 1]). Watch for:

- Unstable ground
- People in the area
- Trenches or underground services
- Overhead structures and power lines.

Spills

If a spill or release of fuel, oil or other hazardous substance occurs

Stop and Assess	 As a priority ensure the safety of yourself then others – contact emergency services if a clean-up is required. (e.g. oil on public road) Assess the spill - Size? Substance? Is it Hazardous? Can or has the spill spread to land, watercourse or drains? Identify resources required (PPE, Spill Kit or External Provider/ Emergency Services if spill large or hazardous)
Secure	Cordon off area to restrict access and make secure
PPE	Use appropriate PPE as outlined in product SDS
Contain	 Prevent runoff to storm-water or off site release Use your spill kit to contain or prevent entry to drains, water bodies and other environments
Absorb	• Use Hydrocarbon pads or absorbent pads to capture all spilt materials.
Notify	• Notify your Manager and the appropriate Coates Branch. (Coates' HSEQ team will determine if notification to regulatory authorities is required). If the spill occurs on a customer site advise your site contact. If the spill is contained inside equipment notify the customer and the appropriate Coates Branch
Dispose	Use disposal bags contained in your spill kit to collect waste for collection by approved hazardous waste contractor
Re-Stock	Contact supplier to refill and replace used spill kit items

Loading / Unloading Techniques

Choose the Correct Loading/Unloading Technique

If a winch is present it must be used in the applicable processes listed below. N.B. if the vehicle is fitted with more than one winch (e.g. super-tilt trailer) then one winch of an appropriate size for the load is acceptable.

Technique	Application
Winch and Drive	 Self-powered mobile equipment that has a driving station e.g. forklift, scissor lift with handrails are in place, wheel loader, roller etc. (Check gradeability - refer to page 25) Seatbelts must be worn where fitted. Boom lifts require harnesses to be worn
Winch and Freewheel	• Trailer mounted equipment and other equipment which has no driving position and no self-power. On Large scissor-lifts collapse handrails before beginning to load and engage freewheel mechanism if there is a risk of exceeding legal load heights.
No winch: Drive on and use catcher chain	 For loaders and excavators fitted with a bucket/blade. A Transport JSEA (Appendix 1) must be completed prior to using this method.
No Winch: Drive Only	 Large low-loaders that are not fitted with winches. Ramps should be of suitable length and width for the equipment being loaded/ unloaded.
Crane Only	• Static loads such as traffic barriers and shoring or where site requires crane only

Correct Equipment

Winching must be performed using a remote operated winch. The winch and associated equipment must be rated for the task Refer to the Winch Capacity Guide (Appendix 2). Pre-use visual inspections of all equipment (including winch cable) are required to ensure they are in a good condition.

Safe Load/Unloading and Exclusion Zones

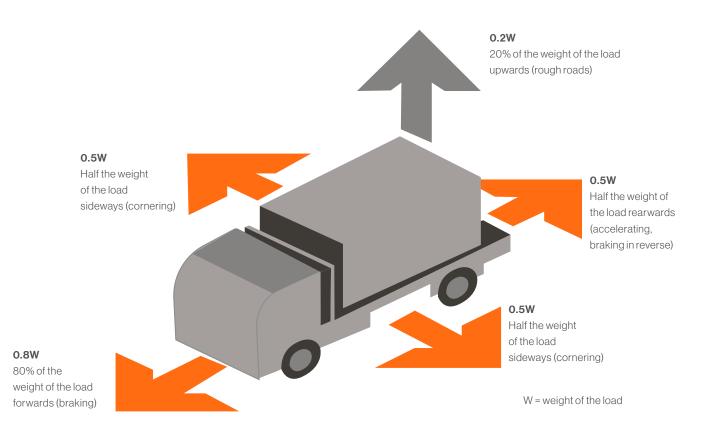
- Every Coates location has a safe load/unloading zone.
- Spotters are required to monitor and enforce the safe zones during load/unloading.
- Refer to Forklift and Crane Load/Unload Exclusion Zone Poster (Appendix 3).
- Refer to Tilt Tray and Low Loader Exclusion Zone Poster (Appendix 4).
- Refer to Spotter Poster (Appendix 5)

Maximum Slope for Load/Unloading

- Wherever possible, load/unloading should be conducted on flat, dry, clean bitumen or concrete surfaces.
- Refer to Operating Tilt Tray Trucks on a Slope- Wheeled or Tracked Equipment Guide (Appendix 6).
- Refer to Operating Tilt Tray Trucks on a Slope-Skid Mounted Equipment Guide (Appendix 7).

Load Restraint Principles

Load restraint is governed by the National Transport Commission (NTC) Load Restraint Guide. This guide provides examples of load restraint systems that can be used to effectively restrain a load. A load restraint system is legally required to be able to withstand forces specified in the Performance Standards. The diagram below sets out these Performance Standards:



If a load is restrained to meet these Performance Standards it will not fall off or affect the stability of the vehicle under expected driving conditions. This includes emergency braking and minor collisions.

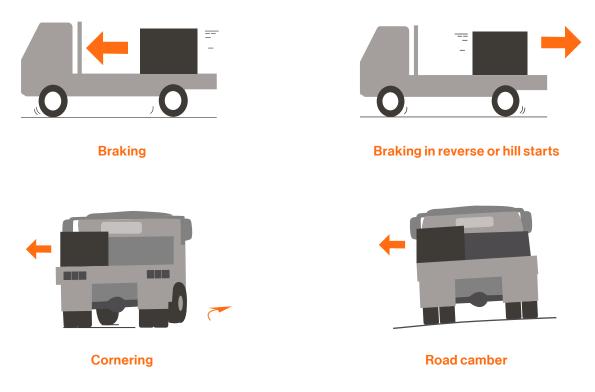
The Performance Standards define what is required but not how to do it. The NTC Load Restraint Guide provides general information to help you choose a load restraint system for your load.

Coates has developed load restraint guides that have been designed to meet the Performance Standards and are certified by a qualified engineer. These guides are specific to certain equipment groups and are available to you for your use and reference. From time to time these guides will be updated and we will inform you when this occurs.

If you would like more information on the latest NTC Load Restraint Guide, please visit www.ntc.gov.au

Why Loads Shift

When moving, a vehicle and its load are subjected to forces caused by changes of speed, direction or slope. These forces result from braking, accelerating, cornering or travelling over cambered, undulating or uneven road surfaces and air flow.



The forces can be just as high at low speed as at high speed. The weight of the load on the vehicle cannot provide enough friction to restrain it when it is subjected to the above forces. The load must be restrained to overcome the forces mentioned above otherwise it will fall off or shift causing the vehicle to overturn.

Key Elements of a Load Restraint System

Step 1 – Understand your Load



Think about the load that you plan to transport. What are the load's characteristics:

- weight
- dimension
- centre of gravity
- friction levels

Step 2 - Choose a suitable vehicle for your load type and size

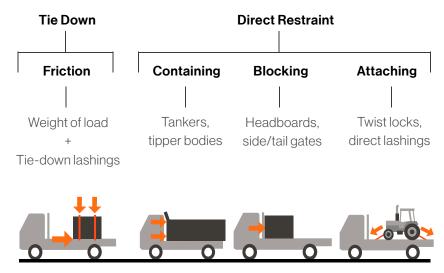


Step 3 – Use a restraint system that is suitable for your load



Choose the restraint method that is most suitable given your load and vehicle.

Loads can be restrained by two basic methods: tie-down or direct restraint (i.e. containing, blocking and attaching).



Use a direct restraint method for loads that are difficult to tie down.

Using direct lashings to attach a load is especially suitable where there is little or no friction between the load and the loading deck, such as:

- slippery loads
- loads on wheels

Step 4 – Position your load to maintain vehicle stability, steering and braking

Keep the centre of gravity low and close to the vehicle's centre-line.

The position of a load has a significant impact on the vehicle's stability, particularly its rollover stability. Rollover stability is very sensitive to the centre of gravity of the vehicle. Rollover stability increases by lowering the centre of gravity.

Step 5 – Check your vehicle structures and restraint equipment are in good working condition and strong enough to restrain your load



Make sure that all equipment used in packing, loading and load restraint is serviceable and regularly maintained.

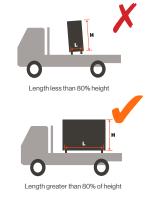
Inspect the vehicle and restraint equipment before each trip to make sure it is in good working order.

Step 6 – Make sure your load is stabilised

Unstable and tall loads can tip over under heavy braking or cornering, even if they are restrained properly at the base. Paper rolls, 200 litre drums and gas cylinders are all examples of potentially unstable tall loads.



Inspect the vehicle and restraint equipment before each trip to make sure it is in good working order.





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A load will also be unstable if it's on a base such as timber dunnage that is narrower than the base of the load.

Step 7 – Make sure you understand and use safe work practices when loading and unloading a vehicle

Multiple deaths and injuries occur each year in Australia as a result of incorrectly loading and unloading trucks.

Step 8 - Make sure you use enough restraint to keep you and others safe

Restrain your load to prevent unacceptable movement during all expected conditions of operation.

• Movement is unacceptable if it negatively impacts on weight distribution or the stability of the vehicle.

Step 9 – Allow for changes in vehicle stability, steering and braking when driving a loaded vehicle



Understand the effect your load type and its position can have on the vehicle's stability, steering and braking capacity.

Drive at an appropriate speed for the driving conditions.

Be aware of the height and width of your loaded vehicle.

Step 10 - Check the load and its restraints regularly during your journey



Load Restraint Specifics

- Transport large/tall vehicles and mobile equipment on low loaders to increase vehicle stability.
- Restrain vehicles and mobile equipment by direct lashings and/or blocking wherever possible. Lashings should be of the same type, same length and equivalent angles to work together.
- Attach two separate lashings to directly restrain vehicles or equipment.
- Do not use a single lashing passed across the deck through a lashing point, as this will not directly restrain sideways movement.

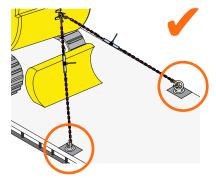
Please Note: Specific Load Restraint Guides will provide detail of lashing type and configuration in certain circumstances.

Articulated equipment including boomlifts:

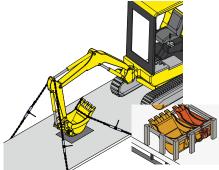
- Engage steering locks where fitted.
- Slew lock pins must be engaged where fitted.
- Operate controls at least twice while the engine is off to relieve residual hydraulic pressure.
- Restrain ALL parts that can move or rotate including auxiliary components blades, rippers, etc).











Load Restraint Specifics

- If restraint anchorages are fitted onto/into the surface tray on tilt trays and low loaders, where suitable, use these anchorages.
- Do not use lifting lugs as lashing points
- Lifting lugs are often incorrectly positioned for load restraint (even if identified as tie-down points).

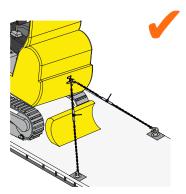
Portable Buildings:

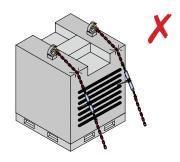
- Complete Pre-Transit Checklist (Appendix 8)
- Apply 4 independent tie downs
- Apply roof straps unless inspection check plate is fitted
- Close and secure lock or cover all windows, doors and openings
- Secure all objects inside buildings
- Ensure external fittings such as air conditioners and hot water heaters are secured and do not protrude to either side of the vehicle when loaded

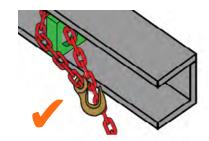
Shipping Containers:

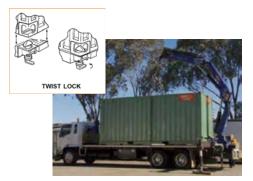
• Check all doors are well secured. Watch for fuel leaks in large container mounted compressors and generators. If items are not tightly packed into containers they must be securely braced or internally secured to prevent damage, load movement or instability and or loss of load.

Ensure a Container Weight Declaration (Appendix 9) is completed and available.









Load Restraint Specifics

Steel Plates:

- Single plates must always be placed on hardwood dunnage to increase friction and also to provide better bite for more effective load restraint - a minimum size of 100mm x 100mm must be used.
- Multiple sheets must have interleaved hardwood dunnage. •







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Rectangular Resting on narrow face

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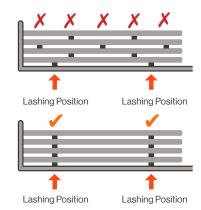
Rectangular

Resting on wideface



Sqaure

Raised Dunnage



Load Restraint Equipment and Attachments

Attachment Points

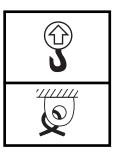
Designated recommended attachment points fitted on equipment indicate whether the point is a lifting or tie-down attachment.



Lifting Point



Tie Down Point

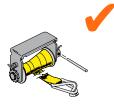


Combination

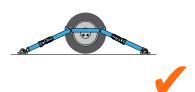
Load Restraint Equipment and Attachments

Suitable Webbed Strapping Assembles

Designated recommended attachment points fitted on equipment indicate whether the point is a lifting or tie-down attachment.







Webbing lashings are only suitable if restraining light motor vehicles or equipment.



Use purpose-designed restraints with positive connections.



Do not use ropes



Use restraint equipment that is suitable, strong and appropriately applied.

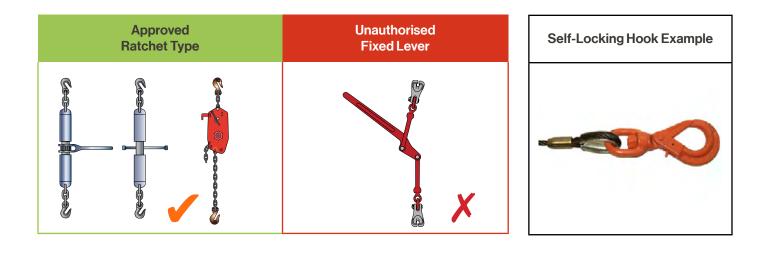
Suitable Load Restraint

Chains

- Transport chain is a highly durable lashing type with low stretch characteristics
- Chain used for load restraint must comply with Australian Standard AS/NZS 4344
- All transport chain made to AS4344 is marked at least every 500mm with its lashing capacity

Attachments

- Fixed lever type dogs are banned at Coates
- Turnbuckles are most suitable for tensioning chains which are attached directly to the load and where a high-strength rating is required.
- For winching or lifting applications: always use a hook which is self-locking or rated D shackles to ensure positive (captive) connection.



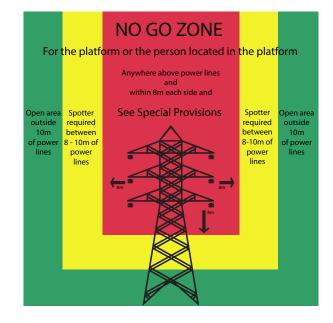
Always inspect load restraints. Do not use equipment, weakened by worn or damaged components, for securing loads.

NB: Diagrams from this document are sourced from the Load Restraint Guide published by the National Transport Commission 2018. The full guide can be accessed on the NTC website.

Vehicle Loading Cranes (VLC)

- Always wear an approved hard hat during crane use
- Look up and live! Look for overhead power lines and other hazards
- You must hold a high risk work (HRW) licence to operate a VLC that has a capacity of 10 metre tonnes or more
- Never operate a VLC unless all outriggers are fully extended
- Check the ground surface is stable before using outriggers
- Except on concrete or very hard sealed surfaces suitable packing must be placed under outriggers to distribute the load
- · Look for signs of underground services or recent back filling which could affect stability
- People must not get within 3 metres of any load suspended on a crane and for each metre of lift add one metre to the separation distance. Drivers can increase their separation from suspended loads by using a tag line
- Ensure you can always see your load. If your view of the load is obscured, engage an appropriately qualified dogman to assist and guide
- The crane and associated equipment must be rated for the load and task
- If the truck has to be frequently relocated during a delivery or pickup, the crane outriggers must be fully stowed away and the crane Jib lowered to a height no greater than the normal stowed height of the crane and placed within the dimensions of the truck
- Never drive a vehicle with a VLC jib extended
- The VLC must be well maintained and in good condition and have an annual compliance test. Periodic statutory inspections are also required. This test must include thorough inspection and a validation that the crane can meet its rated working load limit. These findings must be written on a test certificate and kept in the truck and shown to Coates when requested
- The crane, outriggers and any associated equipment must be fully stowed and secured before leaving the site
- Remote controls must be used at all times to help maintain a safe working distance from the load





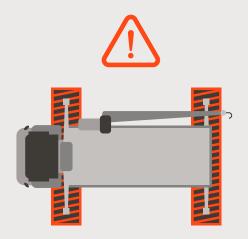
Vehicle Loading Cranes (VLC)

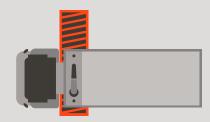
Danger

- As a priority ensure the safety of yourself then others – contact emergency services if a clean-up is required. (e.g. oil on public road)
- Never use the stabiliser legs as a parking brake
- Slide the stabiliser, on both sides of the vehicle, out completely. Then lower the stabiliser legs for support
- Never operate the stabiliser legs, while the crane has a load

Danger

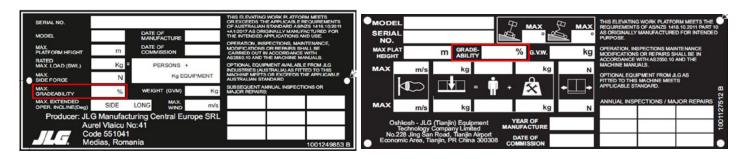
• Do not stand in front of the boom system when operating the crane out of the stowed position

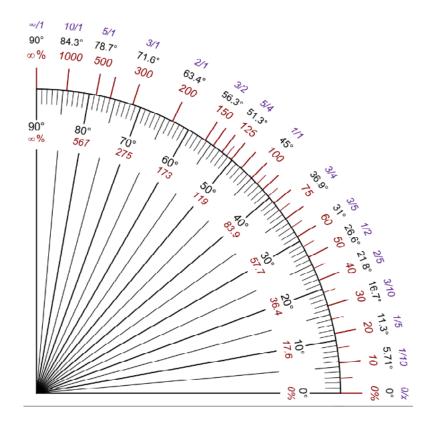




Understanding Gradeability

The gradeability rating of a piece of mobile equipment indicates the maximum gradient it can safely be driven up. This relates predominately to access and materials handling equipment. It is measured in a number of different ways, shown in the graph:





- This is of particular importance when "slab" EWP's are being used
- Whilst safe to use on a level surface these style of EWP's are not necessarily designed to be driven up or down steep slopes such as ramps or steep driveways
- The operator must be aware of the relevance of gradeability at all times
- For example 100% gradeability is a 45° slope but 20% gradeability is a 5:1 gradient or 11° angle
- Max Extended Operation on incline in this example is 3° due to stability being compromised by slope

Towable Items

Various types of coupling are used on Coates light trailers.

Coupling light-vehicle type trailers

Start by inspecting all components - make sure they are compatible and 50mm tow balls are used.

- 1. Reverse up as close as possible if you have a reversing camera you can do this with great precision, otherwise you might need to get out; look and then realign
- 2. Avoid manually handling heavy trailers reposition the tow vehicle and use jockey wheel to raise and lower the drawbar
- 3. The first item to connect are the safety chains using rate D shackles. When uncoupling the last thing to disconnect are the safety chains
- 4. Position the coupling over the tow ball, then use the jockey wheel to lower the trailer coupling onto the tow ball
- 5. Engage the coupling handle then close the safety latch and insert the safety retaining clip (pictured below)
- 6. Now you can connect the electrics and any other connections, check the lights are working (electric brakes if fitted)
- 7. When Transporting trailers avoid applying excessive tie down for to draw bars apply restraints to trailer chassis or engineered points if possible, excessive force might damage jockey wheels or drawbars
- 8. Refer to Connecting Trailers Guide (Appendix 10)

Connecting Trailers

Check: •50mm tow ball • Vehicle towing capacity can support load being • Level surface where possible • Correctly Rated Bow Shackles are used

- 1 Brake the trailer (chocks, trailer brake)
- 2 Wind jockey wheel UP 1 so tow coupler ____ will clear vehicle tow ball 9
- 3 Reverse vehicle & align vehicle tow ball below tow coupler
- 4 SECURE vehicle (park gear, handbrake on)
- 5 Cross X over trailer chains, connect to vehicle tow bar with RATED BOW SHACKLES
- 6 OPEN locking latch (if fitted) & LIFT coupler handle (if required)
- 7 LOWER trailer onto tow ball by winding down jockey wheel
- 8 Engage coupler handle
- 9 <u>Connect</u> trailer LIGHT PLUG to vehicle 🔁 ------
- 10 Fully WIND UP **† jockey wheel, ROTATE** and LOCK into position
- 11 Release TRAILER BRAKE & open REVERSE LOCK-OUT latch (if fitted)
- 12 Check all trailer lights work

To **DISCONNECT** the trailer, complete above steps in REVERSE ORDER.



Working at Heights

Other potential causes of injuries are falls from trucks and those associated with loading and unloading activities. Whilst it is not reasonably practical to eliminate these risks, we can minimise them.

Manual handling risks can be minimised by using mechanical lifting aids, dividing the load or asking for help.

Fall risks are more difficult to control and using 3 points of contact when climbing onto trucks or equipment must be adhered to at all times. Where practical, fall restraint equipment such as Elevated Work Platform (EWP) harnesses, hand rails, access ladders, etc. must be used. It becomes very challenging to eliminate the need to climb onto a truck in all circumstances. However, at no time shall any person under Coates' control or direction climb onto equipment loaded on the rear of the truck unless it has purpose designed access points.

In respect to accessing the tray of a truck/trailer, due to the variety of equipment carried nationally and the mix of contractors and owned fleet it is not possible to provide trucks with handrails and other fall prevention measures in all cases. However, some solutions are available and should be used whenever possible, such as pre-slinging loads to eliminate the need to climb.

Some customers enforce that persons must not climb onto trucks – if that is their position drivers are required to ask for their assistance in providing appropriate docks or other access equipment.

Appendix 1 - Transport JSEA

Section 1	Customer and Job Location:			Date:		
	Activity:		-	Asset/Job No:		
	Before Commen	cing – Vehicl	e and Load A	ssessment		
	Transport Vehicle Configuration/Suitability	Vehicle Load Capacity:kgs Weight of Load:kgs				
	What load/unload method will be used? (Refer to Drivers Guide as required)	Winch and Drive: Winch and Freewheel: No Winch (Driv Drive Only (No Winch): Crane: Forklift/ Jib: Manual Ha				
	What load restraint is required? (Refer to NTC Load Restraint Guide)	Chain size (mm)/ Quantity: Other Restraints (SWL)/ Qty:				
	What are the vehicle/load dimensions?	Overall Load Height:m. Width:m. Length:m. STOP! If your load is higher than 4.3m contact your Supervisor. Over dimer loads require a permit.				dimensior
	Is a High Risk Licence/specific competency required to perform the task?	LF (Forklift) = WP (Elevating Work Platform = CV (Vehicle Loading Crane) DG (Dogging) = Other (specify) = N/A				
	Do I have the appropriate documentation e.g. Pre-Transit Checklist; Container Weight Declaration; Permit?	Yes	No	Not Ap	plicable	
	Is the load restrained appropriately? (Refer NTC LRG)		Yes		No	
		On Arrival a	at Site			
	Check	ls it safe t	o proceed	De	tails	
;;;	Report to site office to establish site contact/s and site specific requirements.	Yes	No			
	Load/	Unload Zone	Assessmen	t		
	Possible Hazards	lfaH	lazard Exists	- What can I do about it?	ls it safe t	o proceed
	Is the load/unload area identified and accessible? Check for unstable, un-level, soft surfaces, trenches & slippery ground conditions.				Yes	No
•	Is the load/unload area free of overhead obstructions? Check for power lines, tree branches, awnings or structures				Yes	No
	Can l establish an effective safe zone without a spotter?				Yes	No
	Key Hazard	ds and Contro	ols (refer ove	rleaf)		
	Hazards – How can I, or other people get hurt?		What ca	an I do about it?	ls it safe t	o proceed
					Yes	No
				·	Yes	No
					Yes	No
					Yes	No
	IF YOU ANSWERED "NO" TO ANY OF THE A	BOVEQUES	TIONS. STOP	AND CONTACT YOUR SUP	ERVISOR.	
		Before I Lea				
	Check	ls it safe to	proceed?	De	tails	
	Do I have the appropriate documentation e.g. Pre-Transit Checklist; Container Weight Declaration; Permit?	Is it safe to proceed? Yes		No	Not Applicable	
	Is the slew lock/articulation pin engaged?	Yes	No	Not Applicable		
	Are bonnets/canopies latched and secure?	Yes	No	Not Applicable		
	Have I stowed or restrained loose items e.g. chains, dunnage, fire extinguishers etc.?	Yes	No	Not Applicable		
	Is the load restrained appropriately? (Refer NTC LRG)	Yes	No	Not Applicable		
	I have a photo of the load.	Yes	No	Not Applicable		
	Overall Load Height: STOP! If your load is higher th	m. Width 1an 4.3m. Ov		Length:m. loads require a permit.		
	Print Name		Signature			

Appendix 1 - Transport JSEA

	Common Hazards	Example Control Measures		
	Unaware of site requirements, e.g. PPE	Report to site supervisor or representative to get directions and instruction		
	Unaware of site traffic requirements	 Accurate directions supplied from Transport controller, Hire office or Service coordinator 		
Arriving on Site	Unaware of drop off/pick up point	Valid site induction held Escorted around site by site personnel		
Anning of Site	Unfit for work	Esconted a bolh site by site personner Where required Permit to Work issued by site supervisor Ensure adequate rest period has been taken between shifts Not effected by alcohol or drugs Meet site PPE requirements		
General	Dust, noise, dropped objects etc.	 Hard hat Hand protection Eye protection Protective clothing & Hi Vis garments Fire Resistant clothing (Petrochemical plants) Safety footwear Hearing protection Respiratory Protection 		
	Roadways	Physical barriers or other separation of activities Qualified Traffic Controller		
	Vehicles or cyclists	Roadwork/warning signage, traffic signs		
	Pedestrians, including workers, in the area	Traffic control plan Barrier mesh/ tape/Bunting		
	Equipment working in area	Witches hats		
Interaction with Traffic, Plant and People	Blind corners	 Use a spotter when moving Vehicle/Crane/Equipment, especially when reversing Persons stay in safety zones during loading 		
	Moving vehicle/mobile equipment	 Travel speed maximum 10km/h or as per site conditions Engage rotating beacon 		
	Railway/Tram lines/crossings	Engage hazard warning lights		
	Shipping/Wharf activities	 Motion/reversing alarm Ensure only essential personnel are in the work area 		
	Unstable/uneven surfaces/un-level ground	Ground conditions assessed by a competent person		
	Poor site housekeeping	Vehicle/Mobile Plant is on firm level ground		
	Wet ground conditions	 Fully extend outriggers/stabilisers on mobile plant Suitable packing is to be used under outriggers/stabilisers 		
	Waterways/drainage nearby	Outriggers near a trench are as far away from the trench as the trench is deep		
Site Conditions	Trenches/Backfilled ground	 Ensure adequate distance/protection is maintained for all onsite facilities or equipment. 		
	Trees/Flora	 Relocate position of crane or equipment if necessary Use a spotter 		
	Buildings, structures and equipment	Obtain authority to trim trees/flora if trimming is required		
	Bridges	 Use track mats Advise site supervisor of housekeeping issues that will affect the job 		
	Other overhead obstruction	Wear suitable protective footwear/clothing		
	Underground services	Locate power lines		
	Overhead Services	Locate and mark all services Maintain safe working distance		
Services and Power Lines	Live Aerial conductors (power lines)	Observe No Go Zone restrictions		
Services and Fower Lines	Gas Transmission Lines	Contact authorities and isolate power if necessary		
	Above ground pipes	 Ring "Dial Before you Dig" 1100 Obtain approval for work in gas transmission pipeline areas 		
	Check for all services requiring ground instillation	Relocate task to another area		
	Windy or stormy conditions	Do not operate equipment or cranes during an electrical storm or heavy rain		
	Elec. Storm/Heavy rain	Do not operate EQUP's or cranes if wind speed rating exceeded Install artificial lighting if working at night or in dark conditions		
Weather and Visibility	Extreme heat	 Wet weather clothing; adequate clothing during cold/icy conditions Postpone all work until suitable conditions are present 		
	Poor visibility, night work	Ensure hydration levels are maintained to safe working level. Take appropriate breaks if required Construction of the safe of		
	Extreme cold/icy cond	Sun protection e.g. Hat and Sunscreen		
	No edge protection	Maintain 3 points of contact when on a ladder		
	Working from a ladder	 Ensure ladders are adequately secured both top and bottom Use a person to assist in securing a ladder 		
Working from Heights	Working above 2 metres	Use a work platform or EWP Pre sling loads Forever all wife accesses per all a pet fragile as unstable		
	Operating a boom lift	Ensure all surfaces are non-slip, not fragile or unstable Do not go within a 2 metre distance of an unprotected edge Employ fall arrest equipment when working from heights		
	Climbing on to equipment			
Confined Spaces	Have identified a confined space	 Assess site for confined spaces Suitably trained, qualified and equipped to enter a confined space 		
	Required to enter a confined space	Have obtained a confined space entry permit		
Manual Tasks	Task involves manual handling	Use mechanical lifting aids		
	Need to conduct an inspection of equipment	Daily inspection of equipment/cranes and lifting gear has occurred		
Own Use Equipment	Need to use hand tools	 Daily inspection recorded in a log book; hand tools are inspected before use Electrical equipment is adequately tested and tagged 		
L	Need to use electrical equipment			

Appendix 2 - Winch Capacity Guide

Winch Capacity Guide

This Document

- Covers an engineered assessment of the capacity required of a winch mounted on single axle, dual axle and twin steer tilt trays in use by Coates Hire.
- All equipment used in winching procedures must have a Working Load Limit (WLL) equal to or greater than the required winch tension capacity.

Skid Product - Winch Sizing Considerations

- Heaviest mass being winched assumed to be skid mounted item weighing10 000kg.
- Maximum angle of tray tilt 17 degrees.
- Winch capacity varies with cable length payed out.
- ✔ Worst case load, skid based item being dragged along soft ground.

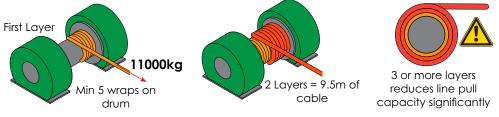
Skid Product - Winch Requirements

- Maximum 2 layers of cable required to be spooled onto winch.
- Winch with a minimum rated line pull capacity of 11 000kg for the first layer.
- Minimum of 5 coils of cable required to be on drum at all times.
- Approximately 12m of cable length will fill the two layer maximum
- Maximum slope of ground when loading is 10 7 degrees per ELRG497 Maximum layers

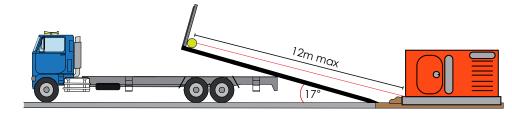
Table 1		
Skid Mass (Kg)	Required winch tension	
	capacity (Kg)	
500	1000	
2000	2500	
4000	4500	
6000	7000	
8000	9000	
10000	11000	

Line pull capacity





▲ Ensure all risk control measures are in place for identified hazards.



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Appendix 2 - Winch Capacity Guide

Winch Capacity Guide

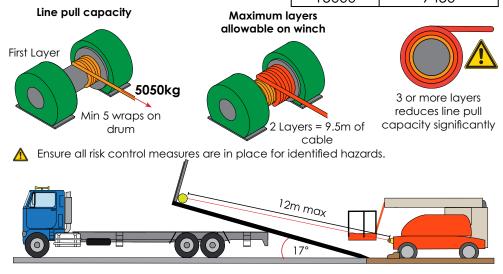
Wheeled Product - Winch Sizing Considerations

- Heaviest mass being winched assumed to be wheeled item weighing 16000kg.
- 🛕 Consider payload capacity of vehicle before winching heavy equipment.
- Maximum angle of tray tilt 17 degrees.
- Winch capacity varies with cable length payed out.
- ✓ Worst case load, wheeled item being dragged along soft ground.
- X Do not drive Mobile equipment on and off tilt trays without a winch cable appropriately attached. Load/Unload items per Coates Hire procedures. Table 2

Wheeled Product - Winch Requirements

- Maximum 2 layers of cable required to be spooled onto winch.
- Winch with a minimum rated line pull capacity of 5050kg for the first layer.
- Minimum of 5 coils of cable required to be on drum at all times.
- Approximately 12m of cable length will fill the two layer maximum
- Maximum slope of ground when loading is 7 degrees per ELRG497

	1
Mass (Kg)	Required
wheeled	winch tension
product	capacity (Kg)
500	350
2000	1300
4000	2550
6000	3800
8000	5050
10000	6300
12000	7600
14000	8850
14300	9000
15000	9450



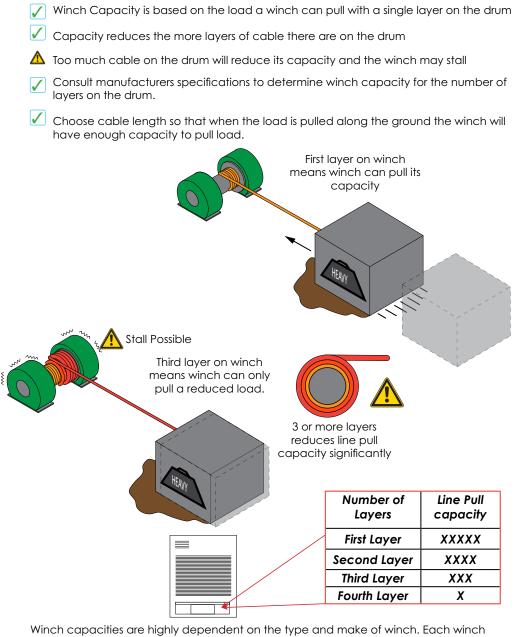
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Winch Capacity Guide

Winch Limitations



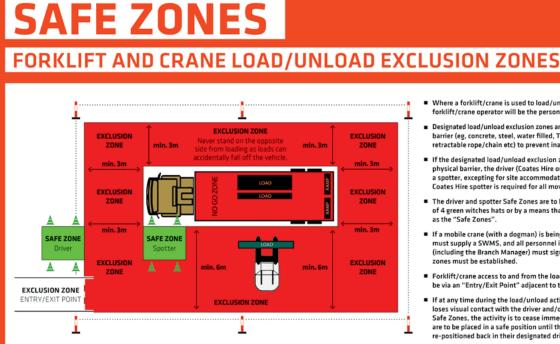
Winch capacities are highly dependent on the type and make of winch. Each winch should have a data sheet showing the rated capacity for different layers of cable on the winch. This data can be used to determine the load the winch can pull in conjunction with the above document.



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Appendix 3: Forklift and Crane Load/Unload **Exclusion Zones**



Where a forklift/crane is used to load/unload plant or equipment, the forklift/crane operator will be the person in control of the operation

 Designated load/unload exclusion zones are to be segregated by a physical barrier (eg, concrete, steel, water filled, T-Top bollards with chains, retractable rope/chain etc) to prevent inadvertent pedestrian access.

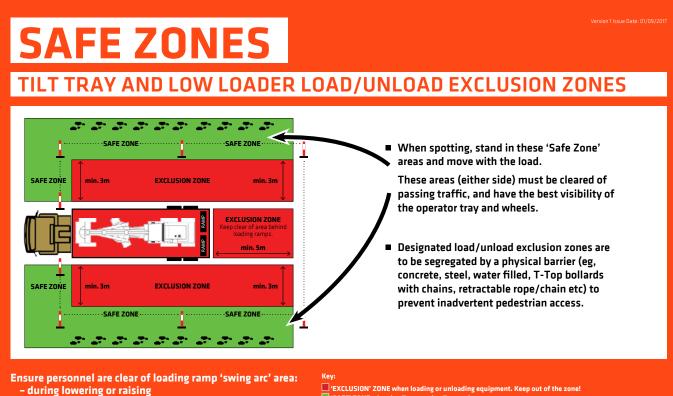
If the designated load/unload exclusion zone is segregated by a physical barrier, the driver (Coates Hire or Contractor) can be utilised as a spotter, excepting for site accommodation and traffic barriers where a Coates Hire spotter is required for all movements.

- The driver and spotter Safe Zones are to be delineated with a minimum of 4 green witches hats or by a means that clearly identifies these areas as the "Safe Zones"
- If a mobile crane (with a dogman) is being utilised, the crane provider must supply a SWMS, and all personnel involved in the activity (including the Branch Manager) must sign on to this SWMS. Exclusion zones must be established.
- Forklift/crane access to and from the load/unload exclusion zone will be via an "Entry/Exit Point" adjacent to the driver Safe Zone.

If at any time during the load/unload activity the forklift/crane operator loses visual contact with the driver and/or spotter in their designated Safe Zones, the activity is to cease immediately, and the forklift tynes are to be placed in a safe position until the driver and/or spotter are re-positioned back in their designated driver/spotter Safe Zone.

Any deviation from these requirements must be justified via an approved traffic management plan complete with suitable risk control measures.

Appendix 4: Tilt Tray and Low Loader Exclusion Zones



- when raised but not secured

SPECLUSION' ZONE when loading or unloading equipment. Keep out of the zonel
 SAFE' ZONE when loading or unloading equipment on ramps.
 Spotter moves with the load.

For further details go to the Transport Safety intranet page.

Appendix 5: Spotter Poster

Version: 4 **TRANSPORT SAFETY** SPOTTING **At Coates Hire Managed Locations During Business Hours: ALWAYS SPOT** Loads being driven, winched or free wheeled to or from a transport vehicle, Except for site accommodation and other skid mounted equipment • being winched to or from a tilt tray Loads being forked or craned to or from a transport vehicle where there is NOT a designated load/unload exclusion zone segregated by a physical barrier Strictly enforce throughout all loading and unloading activities. At Coates Hire managed locations after business hours or at a customer site: For plant and equipment nominated above, if possible seek the assistance of a spotter Complete a transport JSEA on every occasion IF IN ANY DOUBT STOP AND SEEK GUIDANCE FROM YOUR MANAGER

- For further information contact your transport or HSEQ Manager
- Remain in constant visible communication with the plant operator

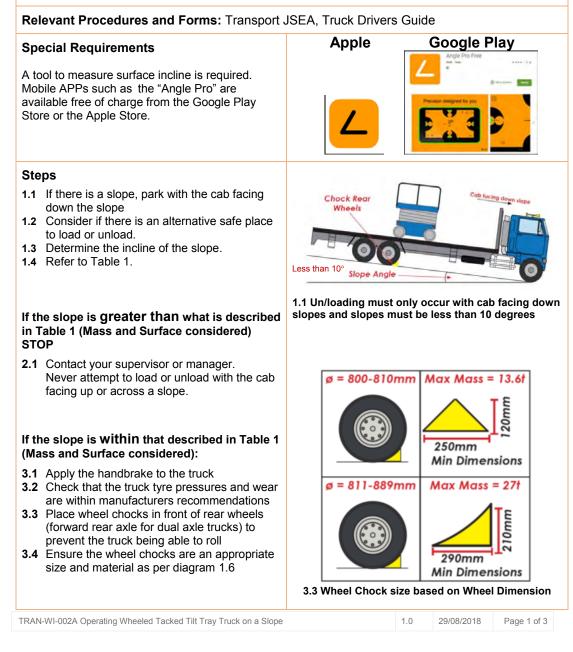
Appendix 6: Operating Tilt Tray Trucks on a Slope: Wheeled or Tracked Equipment

OPERATING TILT TRAY TRUCKS ON A SLOPE – WHEELED OR TRACKED EQUIPMENT

The risks associated with operating a Tilt Tray Truck are increased in certain environments, such as when working on uneven or sloping grounds. Wherever possible, un/loading should be conducted on flat level, dry, clean bitumen or concrete surfaces.

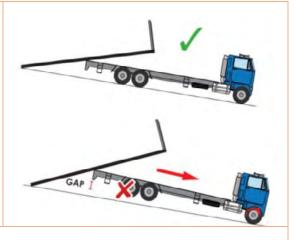
This Work Instruction applies to wheeled or track mounted equipment which CANNOT be loaded/unloaded on a flat, level surface i.e. needs to be loaded/unloaded on a slope.

This work instruction DOES NOT apply to skid mounted equipment.



Appendix 6: Operating Tilt Tray Trucks on a Slope: Wheeled or Tracked Equipment

- **3.5** Tilt the tray until it just touches the ground and no further. If the tray is tilted beyond just touching the ground there is a possibility that the drive axles and the tyres being lifted off the ground resulting in the vehicle no longer being braked sufficiently
- **3.6** DO NOT engage the stabiliser legs/stands if they are fitted to the truck



If Unloading

- 1. Ensure the winch cable is connected to the equipment and the winch is engaged
- 2. For skid steer equipment or excavators with a blade, ensure a "Catcher Chain" is in place
- 3. Remove all other load restraints and safely unload the equipment

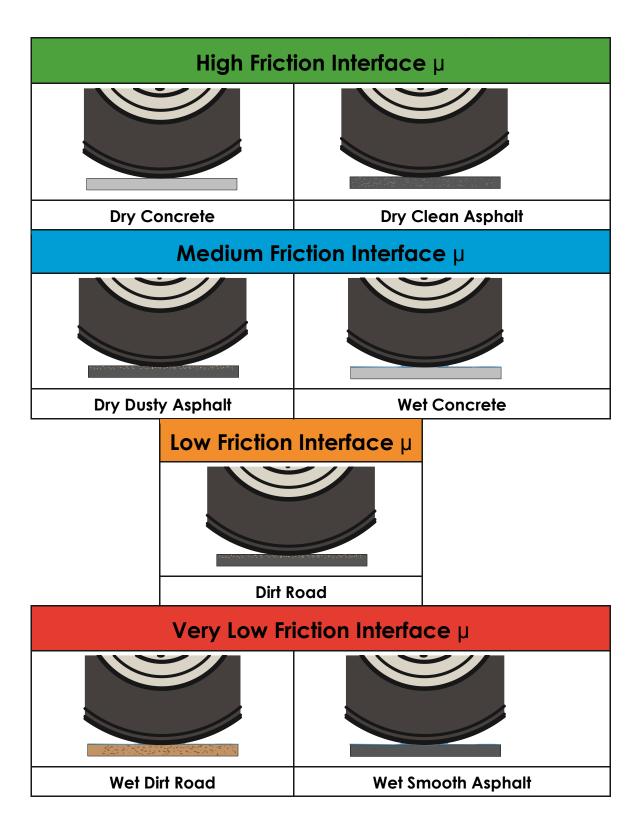
If Loading

- 1. Position the equipment at the rear of the tilted tray and connect the winch rope.
- 2. Ensure the winch is engaged
- 3. For skid steer equipment or excavators with a blade, ensure a "Catcher Chain" is in place
- 4. Safely load the equipment and apply all required load restraint

	Friction µ				
Mass (kg)	Very Low	Low	Medium	High	
	Max. allowable slope angle				
0 - 2000	4 °	۵°	8 °	10°	
2001 - 4000	3 °	5 °	7 °	9 °	
4001 - 5000	3 °	5°	6°	8 °	
5001 - 6000	2 °	4 °	6°	8 °	
6001 - 7000	2 °	4 °	6°	7 °	
7001 - 8000	2 °	4 °	5 °	7 °	
8001 - 9000	2 °	3 °	5 °	7 °	
9001 - 10000	2 °	3 °	5 °	6°	
10001 - 11000	1 °	3 °	5 °	6°	
11001 - 12000	1 °	2 °	4 °	5 °	

*Table 1: Maximum load/unload conditions based on mass, surface and incline

Appendix 6: Operating Tilt Tray Trucks on a Slope: Wheeled or Tracked Equipment



Appendix 7: Operating Tilt Tray Trucks on a Slope: Skid Mounted Equipment

OPERATING TILT TRAY TRUCKS ON A SLOPE – SKID MOUNTED EQUIPMENT

The risks associated with operating a Tilt Tray Truck are increased in certain environments, such as when working on uneven or sloping grounds. Wherever possible, un/loading should be conducted on flat level, dry, clean bitumen or concrete surfaces.

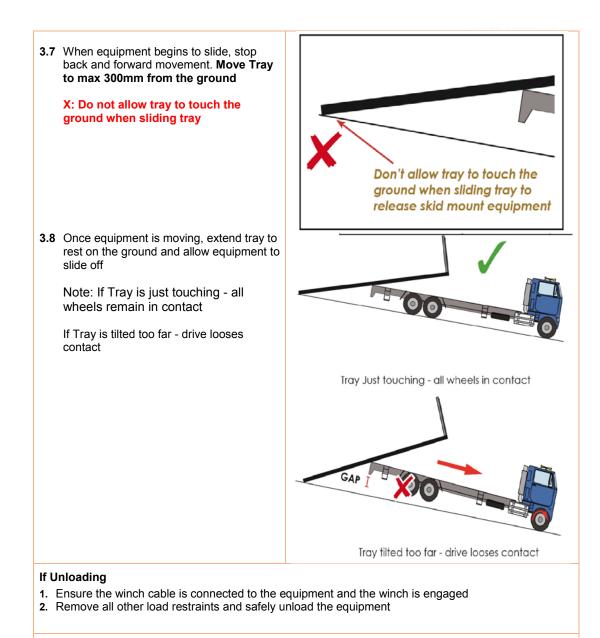
This Work Instruction applies to Skid Mounted equipment which CANNOT be loaded/unloaded on a flat, level surface i.e. needs to be loaded/unloaded on a slope.

This work instruction DOES NOT apply to Wheeled or Tracked equipment.

Relevant Procedures and Forms: Transport JSEA, Truck Drivers Guide

Apple Google Play **Special Requirements** A tool to measure surface incline is required. Mobile APPs such as the "Angle Pro" are available free of charge from the Google Play Store or the Apple Store. Steps 1.1 If there is a slope, park with the cab facing down the slope 1.2 Consider if there is an alternative safe place to load or unload. **1.3** Determine the incline of the slope. 1.4 Refer to Table 1. Less than 7° Slope Angle If the slope is greater than what is described in Table 1 (Mass and Surface 1.1 Un/loading must only occur with cab facing down considered) STOP slopes and slopes must be less than 7 degrees **2.1** Contact your supervisor or manager. Never attempt to load or unload with the cab facing up or across a slope. If the slope is within that described in ø = 800-810mm Max Mass = 13.6 Table 1 (Mass and Surface considered): 20mm 3.1 Apply the handbrake to the truck 3.2 Check that the truck tyre pressures and wear are within manufacturers 250mm recommendations Min Dimensions 3.3 Place wheel chocks in front of rear wheels (forward rear axle for dual axle trucks) to Max Mass = 27t ø = 811-889mm prevent the truck being able to roll 3.4 Ensure the wheel chocks are an appropriate size and material as per diagram 3.4 3.5 DO NOT engage the stabiliser legs/stands if they are fitted to the truck 290mm 3.6 Once tilted, slide tray back and forward to Min Dimensions allow equipment to slide 3.4 Wheel Chock size based on Wheel Dimension

Appendix 7: Operating Tilt Tray Trucks on a Slope: Skid Mounted Equipment



If Loading

- 1. Position the equipment at the rear of the tilted tray and connect the winch rope.
- 2. Ensure the winch is engaged
- 3. Safely load the equipment and apply all required load restraint

Appendix 7: Operating Tilt Tray Trucks on a Slope: Skid Mounted Equipment

	m allowable slop	be angle to I	oad/unload skid r	nount	
Mass (kg)	Fric		Friction µ		
	Very Low	Low	Medium	High	
0-2000	Х	3°	4°	7°	
2001 - 10000	X	2°	4°	7°	
10001 - 14000	X	1°	4°	7°	
	High Fricti	on Inter	face µ		
Dry Concre	te		Dry Clean As	sphalt	
٨	Aedium Frid	ction Int	erface µ		
Dry Dusty Asp	halt		Wet Concr	ete	
Lc	w Friction	Interfac	eμ		
	Ű	/	}		
	Dirt Ro	bad			
V	ery Low Fri	ction Int	erface µ		
Wet Dirt Roc	bd		Wet Smooth A	sphalt	

*Table 1: Maximum allowable slope angle to load/unload skid mount

Appendix 8: Site Accommodation Pre-Transit Checklist

Pre-Transit Checklist Site Accommodation

Build	ding [Description:	Asset Number:	Branch/Site Details:	Date Inspected:	
0	1.	-	÷ .	d correctly secured to frames. Checl	< nuts, bolts and screws	
\sim	for adequate fitment and security as per the Transit Bracing Work Instruction.					
0	2.	-	-	secured when travelling on seconda	ry roads or for long haul	
\sim	•		Fransit Sheeting Work Instruction.		- Provide a construction of the second	
0	З.		-	ctly installed/secured. Remove air cc	inditioners fitted to side walls!	
			ype' buildings, air conditioners are			
\bigcirc	4		oved from Modular Complex are s s/partitions are secure and correc			
$\overset{\circ}{\circ}$		Structure/chassis	•	Stiy blaced.		
0	э.		•	or unsecured components and no mo	womant	
\cap	6	-	Remove any loose stones/debris		venient.	
$\tilde{0}$				cted. There is no loose cabling or plu	mbing under the building	
$\tilde{\circ}$			ther external components are se		nibing under the building.	
\bigcirc	0.	•	missing fasteners such as rivets or	8		
\bigcirc	9.		Gutters and downpipes are sed			
0		There are no loose i				
			in electrical cable riser brackets .			
\bigcirc	10.	External/internal d	oors are latched, locked and secur	re.		
-		External/internal w	vindows/screens/bars are all loc	ked/latched/secured or held in posit	ion with a screw.	
0	11.	Internal ceiling/wal	I sheets are secure (physically put	sh to confirm).		
		Fixtures/appliance	s are secured on the floor and weig	ght is evenly distributed.		
0	12.	Check Toilets are fl	ushed, effluent tanks have been pu	umped out, fresh water tanks have b	been emptied and	
		all tank caps are in p	lace and secured.			
0	13.	Check Lifting, winc	hing and tie down points are in ge	ood condition.		
		Check for damage, w	ear & tear, severe distortion corrosi	ion or damage.		
\bigcirc	14.	Building is securely	restrained to the transport veh	icle via the Coates Hire approved m	ethod. Refer to the	
		National Transport Co	ommission (NTC) load restraint gui	de if unsure. Square hardwood Dunn	age is used for	
		"curved" trays such as	s semi-trailers.			
0	15.			ed webbed strappings (not required i		
				n the ends of the building, refer diagr		
				damage to the building may occur	r. The primary restraint of the	
		building is via the cl	hassis load restraint points			
			and and			
		1				
		100				
		E.				
			Building D	escription:		
Cor	nmen	ts:				
Sig	nature	e:		Signature:		
D. i	nt Nan	ne:		Print Name:		

Return this form to the branch

Appendix 9: Container Weight Declaration

Consignor:	Date of declaration			
CoatesBranch				
Address				
Point of Origin (If different to above)	Consignee: (Receiving Site Name	e & A	ddress)	
Empty weight of the container[1]	Container Tare	Α	Kg	
Combined empty weight of vehicle(s)	Vehicle(s) Tare	В	Kg	
	A+B =	С	Kg	
Weight of empty truck/trailer combination	GCM	D	Kg	
Gross Combined Mass _[2]	Net (= D - C)	Е	Kg	
Weight of Goods only – excluding container	Gross Container Weight (= A + E)	F	Kg	
Container and contents weight _[3]				
Container weight = Gross Combine	d Mass minus (Vehicle	e + C	ontainer Tare)	
Container Identification Number				
Name of person making the declaration				
ie Branch Manager (Print)				

CONTAINER WEIGHT DECLARATION

[1] [2] [3] Always obtain tare weight from container placard or markings.

Based on weighbridge measure of outgoing load or other specifications.

Container weight must not exceed maximum gross container weight marked on container.

Dangerous Goods Declaration: I hereby declare that all chemicals and chemical residue has been removed for storage container Name: Signature: List of chemicals used in Storage Container: UN Number Name UN Number Name

Distribution: Copy to be given to the Truck driver Copy to be kept on file with Hire Schedule

Appendix 10: Connecting Trailers Guide



Notes

Notes

Notes





Contact us

If you have a question regarding this document, please contact your local Coates Transport Manager.

13 15 52 | coates.com.au